**THE TECHNIQUE OF SPATIAL-ROLE OF SOMATIC DECEMBERSALE TO ACCESS ARCHETYPAL RESOURCES**

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In social interactions we are always living in the mythology (fairy tales) and always assume certain roles.  
Archetype is an image, and the role in which we find ourselves under the influence of the situation, unconsciously, obeying the deep laws of the collective psyche of that system to which they belong (I. A. Cheglova).

The role builds body and dictates behavior. Often someone in a role quite familiar and comfortable, and the other role can be extremely difficult or totally unacceptable. That the client is bad in the role - tells us his body - the body tension and blocks. We assume that this is the result of a conflict of beliefs about yourself and the role dictates. I.e. I don't use role, as a tool, and the Role begins to own and operate me. Role uses me.  
We propose a method of working with bodily tension inside the method "the Theater of Archetypes”.

The work is in the space of the Theater of archetypes with its main

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the houses: the King, the Prince, the Warrior, the Magician and the Fool. Offer customer to visit all the houses, to feel what they. Listen to your body. Please enter that house, where just more comfortable to stand there. To enter the house, where the maximum is not comfortable. Feel what happens to the body: all talk about tension in a particular area of the body.

Please just walk on the field, and, to herself, not hearing, saying the phrase: "Allow yourself to be yourself". First, the total tension is amplified and in every individual body and in the group. Then, slowly, the tension spreads out. After a few minutes, almost completely takes the tension, even in those homes where the client was most uncomfortable.

The report proposes a technique that helps to feel and realize soy, the body is in a particular role; helps reduce stress the body, in the case that the role of the client is not comfortable.